



GUARDIAN ANGELS CATHOLIC SCHOOL

## ***SPORTS GUIDE FOR PARENTS***

Welcome to the Athletics Program for Guardian Angels Catholic School!

This guide was designed with parents in mind. We hope it will be helpful to you.

“Every Christian is called to become a strong athlete of Christ that is a faithful and courageous witness to His gospel.”

~Pope John Paul II, October 28, 2000

### ***ATHLETIC DIRECTORS***

We have two Athletic Directors at Guardian Angels: Mrs. Kuhlman and Mrs. Kelly. If you have any sport related questions or concerns after reading this guide or during the sport season, please contact them.

Mrs. Kuhlman: [Hkuhlman@gacsfl.com](mailto:Hkuhlman@gacsfl.com)

Mrs. Kelly: [Braves323@hotmail.com](mailto:Braves323@hotmail.com)

## **PARENT SPORT PARTNER**

If you are new to the school or new to the sports program and would like a sport partner, please email either Mrs. Kuhlman or Mrs. Kelly. We will be more than happy to pair you with an experienced sport parent who can help you through your first sport season. On the flip side, if you are reading this and are a veteran sport parent and would be willing to help a new sport parent in need, please send us an email, and we will put you on our list. Thanks!

## **SPORT PREREQUISITES**

### **PHYSICAL & HEALTH SCREENING FORM:**

**Sport Physical:** Need one per school year.

**DUE TO DIOCESAN REQUIRMENTS: ALL SPORT PHYSICALS MUST BE PERFORMED**

**AFTER JULY 1<sup>ST</sup> FOR THE CURRENT SCHOOL YEAR!!!** Best rule of thumb, if you know that your child will be playing sports during the school year, schedule his/her sport physical in July and submit the paperwork on the first day of school. The FORM that needs to be filled out by a physician is entitled: **Health Screening Form**. It can be found both on Edline or Spin – click on Athletics. This form is different from the school physical form and also separate from the yellow and blue medical forms. Without it, your child will not be able to participate in any sports. Please note: you can go to any CVS, Walgreens, or Publix clinic to have this filled out – or your doctor's office.

**FORMS: The following forms can be filled out on SPIN. (For more information on how to fill out electronic forms, please see the section entitled SPIN.)**

1. **Parent Code of Ethics Form:** Please read before submitting electronically. We do require that our Guardian Angels' Parents act responsibly during our sport seasons. Good for one school year.
2. **Player Code of Ethics Form:** Please have your child read this and discuss it with him/her before submitting electronically. We do require that our Guardian Angels' Student Athletes act responsibly during our sport seasons. This form is good for one school year.
3. **Athletic Contract:** This is the ONLY form that needs to be filled out prior to EVERY sport season your child wishes to participate in. There is a deadline for every sport, which is strictly followed. The only time a deadline will be extended is if there aren't enough students to fill the team. **HELPFUL HINT:** If you know the sports that your child wishes to play for an entire school year, you can fill multiple sport contracts out online at the beginning of the school year so you do not forget to do it later.

## **SPORT FEES**

**SPORT FEES:** Two checks need to be submitted for most sports. One is a sport participation fee and will be deposited. The sport fee for the year 2010 – 2011 is \$40 per sport. The other fee is a uniform deposit fee of \$50. The uniform deposit fee will be returned to you at the end of your child's sport season providing their uniform has been returned in good condition. The only sports that differ from this rule are Bowling, Flag Football, Golf, & Track as there is no uniform deposit fee for these sports. There is a sport fee for these sports. Track and Flag Football is a \$40 fee. Golf and Bowling fees are determined prior to their season.

# **SPORT ELIGIBILITY**

***Participation in student athletics at Guardian Angels Catholic School is a privilege.***

*Therefore, in order to be eligible for a sport, the following criteria must be met:*

- Maintain a grade of 65 or better in all core subjects:
  - Composition, Language Arts, Math, Religion, Science, and Social Studies.
- Adhere to the Middle School Disciplinary Code. (See Handbook.)
- Have no more than one after school detention each quarter.

If any student's current quarterly average in a core subject is 64 or below when the bi-weekly eligibility report is generated, the student is placed on academic probation and is not eligible to participate in any athletic competitions or practices. However, he/she may support his/her team by attending his/her sport competition. The ineligible student's grade will be reviewed weekly. The athlete may regain eligibility as long as the subject average is acceptable and/or they show an upward trend in academic progress as determined by the administration. A student is placed on athletic probation after the first instance of ineligibility. In the event that the student is deemed ineligible a second time, he/she will be removed from the team for the remainder of that sport's season.

An eligibility report will be run the week before tryouts begin for each sport. If a student's academic progress is in question, a letter will be sent home informing the parent that the student may try-out but will be in danger of athletic ineligibility if their grades do not meet the above mentioned criteria. If a student is deemed ineligible after tryouts, he/she will be placed on probation and the eligibility criteria will be followed.

On the day that an athlete serves a detention, suspension, or other disciplinary action, he/she cannot participate in practice or competition.

If a student is absent, he/she may NOT compete or practice on the day of absence.

## **SPORT SEASONS:**

All sport schedules can be found on edline just prior to the beginning of the season.  
These months can be used as a guideline and are subject to change.

### ***Season 1: 1<sup>st</sup> Week of School - Early Oct.***

- Boys' Baseball
- Boys' Bowling
- Girls' Volleyball

### ***Season 2: October - December***

- Boys' Soccer
- Girls' Basketball
- Girls' Cheerleading

### ***Season 3: December - February***

- Boys' Basketball
- Girls' Soccer
- Girls' Cheerleading

### ***Season 4: February - March***

- Track & Field - Boys & Girls

### ***Season 5: March - April***

- Boys' Volleyball
- Golf - Boys & Girls
- Girls' Softball

### ***Season 6: May***

- Boys' Flag Football - 7<sup>th</sup> & 8<sup>th</sup> Graders only
- Girls' Bowling
- Girls' Flag Football - 7<sup>th</sup> & 8<sup>th</sup> Graders only

## **VOLUNTEERING**

- GACS sports are a great way to both earn your **volunteer hours** and to spend quality **time with your child**.
- We are always looking for:
  - **Coaches**: Without a coach, there is no team!
  - Assistant Coaches
  - Sport Specific Coaches: ie. Base Coaches and Dugout Parents for Baseball & Softball
  - Scorekeepers for all Sports

### **COUNTRYSIDE RECREATION CENTER: (Our Practice and Home Game Gym)**

Over the years, we have developed a great working relationship with the Countryside Rec Center. They have been very accommodating and supportive of the Guardian Angels Athletic Program. We would like to keep this relationship for years to come. In order for this to happen, we need your help.

We need to make sure we leave the Rec Center the way we found it. Rules have been put in place to assure that this happens and everyone remains safe. Please review the following rules listed below and do your best to abide by them.

- No food or drink is allowed in the gym. Water is the only exception to this rule.
- Student-Athletes may not be dropped off at the Rec Center without a Guardian Angel adult or Athletic Director present.
- Student-Athletes may not go in the gym without a coach.
- Student-Athletes may not go in the weight room at any time.
- Parents and students are asked not to congregate in the entrance way to the Rec Center. The employees are trying to assist people and answer phones. It is hard for them to do their job if a lot of people talking in this area.
- No animals are allowed in the Rec Center at any time.

### **ATHLETIC AWARDS NIGHTS**

- Purpose: To honor and recognize our athletes and coaches for all their hard work and success.
- Held twice during the school year – once after Seasons 1 – 3 and the other after Seasons 4 – 6.
- Athletes receive their sport participation certificate and an award is given for the following: Most Valuable Player, Christian Athlete, and the Team Hustle Award.
- Volunteer Coaches are honored with a gift from the team for their dedication.
- At the 2<sup>nd</sup> Awards Night, special awards are given to those athletes who have participated in 4 or more sport seasons throughout the school year.

## ***EDLINE***

Edline can be your best friend, providing you go on and use it. Click on Athletics, and you will see all of the current sport schedules and information. We do not print out and send home sport schedules with your child. You can always find them on edline. Please print them out and check back on edline often as things are constantly changed and updated. Directions to all practices and games can be found there as well.

## ***HONEYWELL ALERT***

From time to time we do send out Honeywell Alerts to inform you of sport specific information, so please make sure your Honeywell alert is active and up to date. If there is inclement weather and a practice or a game is canceled, you will be informed via a Honeywell Alert. We send it out as High Importance. You do NOT need to call the front office. If you haven't heard from us by 2:15, the game and/or practice is still on.

## ***EMAILS***

We do a lot of emailing to keep you informed about the sport season your child is involved in. Please check your spam folder from time to time to make sure that the emails we send make it to your inbox and not to your spam folder. You may miss valuable information if you don't. Also, please make sure your email addresses are correct AND accurate on Edline and on the Honeywell Alerts.

## ***SPIN for SPORTS***

Student Parent Information Network

SPIN is the website you need to log onto so that you can electronically fill out and submit all the mandatory forms for school and for sports. The Health Screening Form is the only form that must be submitted as a hard copy. The Parent Code of Ethics, Players Code of Ethics, and Athletic Contracts must be filled out electronically on SPIN.

Directions:

1. Go to this website: <http://www.gacsfl.com>
2. Click on SPIN (left side of screen)
3. Click on SPIN System
4. If this is your first time using spin, see the directions under Getting Started: 1<sup>st</sup> Time SPIN Users below. If not, continue.
5. Type in your username and password.
6. Click Submit.
7. Click Athletics.
8. (Continued on next page.)

“Keep Jesus number 1.  
Always keep your eyes focused on him.”  
Jeff Suppan, Milwaukee Brewers

**To Submit a new Athletic Contract:**

1. Click on Athletic Contract.
2. Click Add New.
3. Fill in all the information on this form.
4. Read the information.
5. Electronically sign the form at the bottom of the form. (Type in your name.)
6. Click Save.
7. Once you click save, it will automatically be sent to Mrs. Kuhlman and Mrs. Kelly and your child's name will appear on the sport roster for the specific sport you signed your child up for.
8. You will know that you did it successfully, because you will see your child's name on the screen with the sport to the right of his name that you signed him/her up for.

**To Submit a new Parent Code of Ethics:**

1. Click on Parent Code of Ethics.
2. Click Add New.
3. Read the information.
4. Electronically sign the form at the bottom of the form. (Type in your name.)
5. Click Save.
6. Once you click save, it will automatically be sent to Mrs. Kuhlman and Mrs. Kelly.
7. You will know that you did it successfully, because you will see your family code on the screen and the date you added this form.

**To Submit a new Player Code of Ethics;**

1. Click on Player Code of Ethics.
2. Click Add New.
3. Read the information and discuss with your child.
4. Have your child electronically sign the form at the bottom of the form. (Type in his/her name.)
5. Click Save.
6. Once you click save, it will automatically be sent to Mrs. Kuhlman and Mrs. Kelly.
7. You will know that you did it successfully, because you will see your family code on the screen and the date you added this form.

### **Getting Started: 1<sup>st</sup> Time SPIN Users**

The primary function of the SPIN System is to reduce paperwork and to allow you to view, submit and update information and required forms online regarding your family and children at Guardian Angels.

1. For first time users, Your username is your child's social security number.
2. Your password is your zip code.
3. If you see the message "This email doesn't exist in our database" please try a different email address.
4. If you are still unable to retrieve your logon information, please send an email to [jalongi@gacsfl.com](mailto:jalongi@gacsfl.com). He will enter it into the school system and have your username and password forwarded to that email address.
5. **\*\*Note\*\*** Some ISP's (i.e. AOL, YAHOO, MSN might move the generated email to your SPAM or Junk folder. Please check those folders if you do not see the information in your Inbox.
6. Once you are logged into the system, the first thing you should do is change your password. Click the "Change Password" link, enter the old and new passwords, then "Submit".

## ***1<sup>st</sup> Time SPIN Users, continued***

7. If you want to change your username and/or email address, click the “Change Username / Email” link, then “Edit” on the next screen. Enter the new username and/or email address and click submit. If the change was successful, you will have to log back onto the system again with the new username. If the username already exists, an error message will appear.

“Faith may not always guarantee you a home run. It will give you the grace to step up to the plate each day and accept whatever life throws at you.”  
~Jack McKeon, former MLB Manager

“Sport must be enlightened by God through Christ.”  
~Pope Benedict XVI  
Message to the 20<sup>th</sup> Winter Olympics

“My Catholic faith is the foundation of who I am.”  
Tom Glavine,  
Atlanta Braves

“Sport...develops character, makes a man courageous, a generous loser, and a gracious victor.”  
~Pope Pius XII, July 29, 1945

I have fought the good fight. I have finished the race.  
II Timothy 4:7

“God will never give us a challenge that He will not give us the ability to handle.”  
~David Eckstein, St. Louis Cardinals

“All for God and for His Glory. In whatever you do, think of the Glory of God as your main goal.”  
~St. John Bosco

Thank you for making it to the end of this Sport Guide.

We hope you enjoy our Athletic Program here at Guardian Angels!

Sincerely,  
Mrs. Heather Kuhlman & Mrs. Heather Kelly  
Athletic Directors